

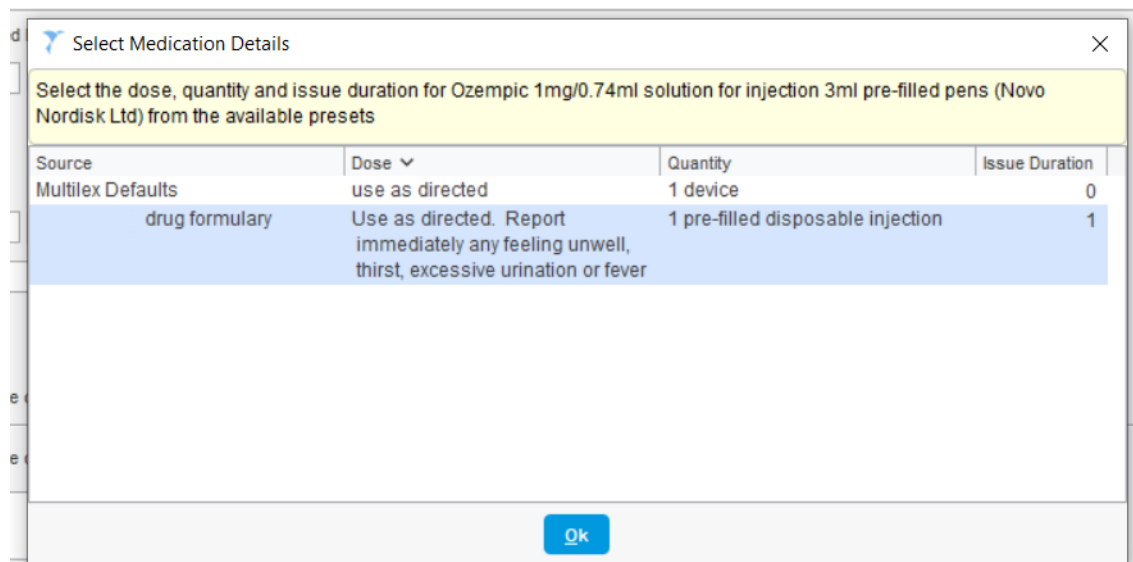
Possible excess quantities of semaglutide (Ozempic) and setting preset quantities in GP practice systems

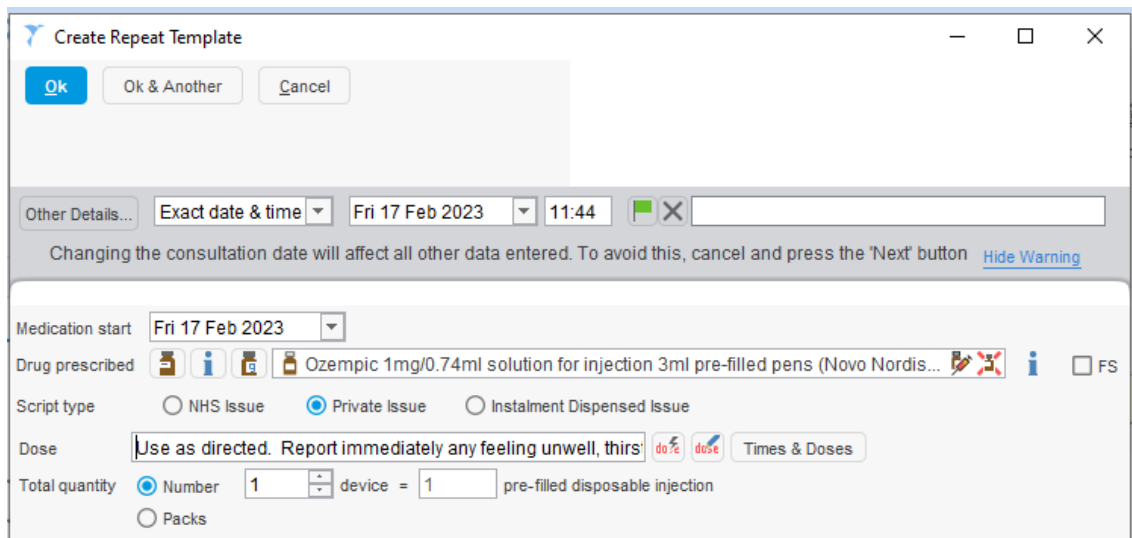
Background

Semaglutide (Ozempic) is a GLP-1 agonist, used to treat type 2 diabetes. It comes as a pre-filled pen and is used weekly. Each of these pens contains four doses and a single pen will last for one month. However, there have been some reports that prescribers are requesting four pens per month in error. This is unlikely to be required and likely to be caused by the dose and quantity being confused on a picking list. Taking steps to reduce overprescribing in quantities of semaglutide will help to contribute to a reduction in unnecessary NHS spend.

Setting preset quantities in SystemOne

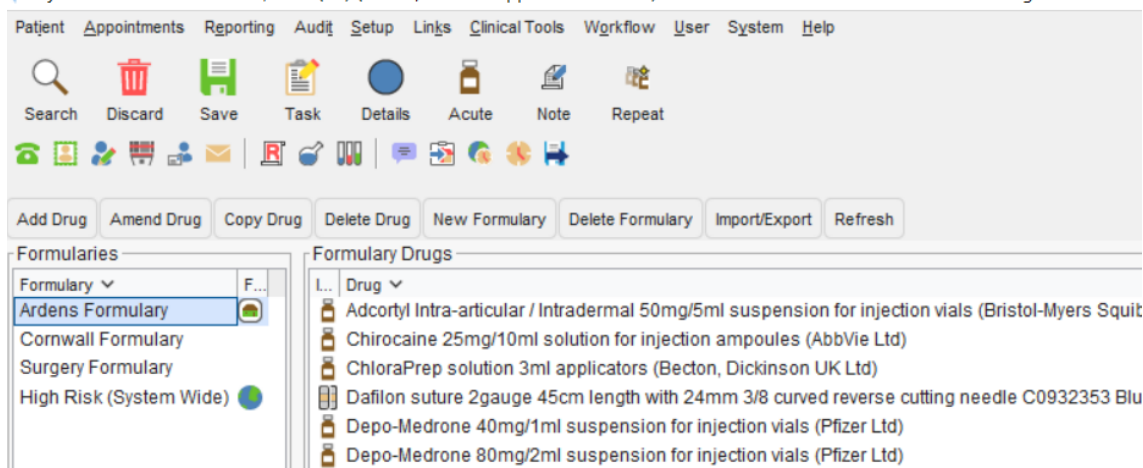
In SystemOne, users can add preset dosage and quantity information for specific drugs into a system formulary. When selecting a drug to prescribe, and if the drug is present in any of the formularies, it will give you the option to use that preset to autofill the dosage and quantity fields for that drug, as below.



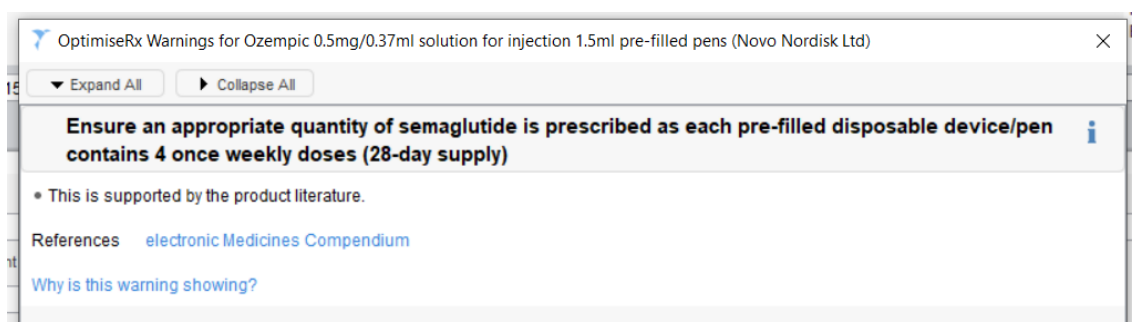


You can access the SystmOne formularies by clicking on Setup, Prescribing, and Formularies. If you have a system formulary setup, you can add drugs to it using the “Add Drug” button, alternatively you can create a new formulary using the “New Formulary” button. The “Import/Export” button will allow you to import externally created formularies.

You can add semaglutide and Ozempic to an existing formulary or create a new one which contains them alone. If they are not present in any system formulary, then the quantity will default to 1.



The below OptimiseRx prompt will show when prescribing Ozempic or Semaglutide to advise about prescribing an appropriate quantity.



Setting preset quantities in EMIS

In EMIS, if you enter a dosage that isn't recognised against that drug, it will ask you to provide further details about the quantity and dose. Once you save these details, you can recall them again under the same drug by using the drop-down menu under Dosage which will then populate the quantity and duration fields.

The screenshot shows the 'Add a Drug' form in EMIS. The 'Name' field is set to 'Ozempic 1mg/0.74ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd)'. The 'Dosage' field is set to 'Use as directed once weekly'. A dialog box is open over the form, stating: 'The dosage "Use as directed once weekly" is not recognised. Provide details of the dosage below:'. The dialog box has input fields for 'Quantity' (set to 1), 'Per' (set to Months), and 'Unit' (set to pre-filled disposable injection). There are 'Save details' and 'Ignore' buttons at the bottom of the dialog box. The background form shows other fields like 'Quantity', 'Duration', 'Rx Types', and 'Pack Details'.

The screenshot shows the 'Add a Drug' form with the 'Dosage' dropdown menu open. The dropdown menu lists 'A Use as directed once weekly (1 pre-filled disposable injection)' with a 'Remove' button next to it. The 'Quantity' field is blank, and the 'Duration' field is set to 28. The 'Rx Types' field is set to 'Acute'.

EMIS does not include a default quantity and will leave the quantity field blank unless a preset is chosen, or a pack size is selected from the pack details screen.

The below OptimiseRx prompt will show when prescribing Ozempic or semaglutide to advise about prescribing an appropriate quantity.

The screenshot shows a 'Best practice guidance' window from FDB OptimiseRx. The window title is 'Best practice guidance'. The main content area displays the following information:

- Selected drug - **Ozempic 1mg/0.74ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd)**
- Information icon: **Semaglutide 1mg/0.74ml solution for injection 3ml pre-filled device is in limited supply and may be out of stock; consider prescribing an alternative for new patients.**
- Information icon: **Ensure an appropriate quantity of semaglutide is prescribed as each pre-filled disposable device/pen contains 4 once weekly doses (28-day supply).**